

INVESTING IN

THE INPATIENT EXPERIENCE AT MACKENZIE HEALTH



THE ULTIMATE SUITS YOU

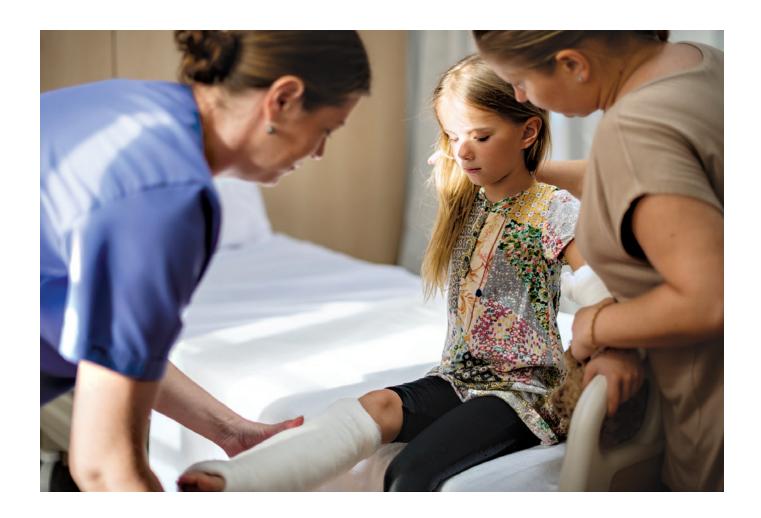
EMPOWERING THE ULTIMATE

ackenzie Health is putting the latest medical technology directly into the hands of our expert medical teams to ensure our community always gets the kind of innovative, exceptional inpatient care it needs and deserves.

At Cortellucci Vaughan Hospital, the three-floor, 216-bed medical and surgical inpatient units feature smart monitoring and treatment technologies, spacious private and semi-private rooms and a state-of-the-art therapy gym to prepare patients for discharge. The best-inclass inpatient care at the revitalized Mackenzie Richmond Hill Hospital is increasingly leveraging leading-edge tools help patients recover faster and get home sooner.

Maintaining these vital care centres means continuously updating the advanced technology that empowers them. With your help today, we will always be on the leadingedge of inpatient care.





ackenzie Health's multiple inpatient units mean every patient who steps through our doors benefits from enhanced spaces, programs, services and technologies aimed at supporting their journey to optimum health.

SURGICAL CARE AT MACKENZIE RICHMOND HILL HOSPITAL

On average, 40 patients a day currently undergo surgery at Mackenzie Richmond Hill Hospital to treat everything from kidney stones to appendicitis, and broken hips to colon cancer. To provide them with the best surgical care, Mackenzie Health is continuously acquiring and updating the latest high-tech tools, leading-edge technology that makes it possible for our world-class surgical teams to use their skills to the fullest.

MEDICAL CARE AT CORTELLUCCI VAUGHAN HOSPITAL

Patients recovering from heart failure, lung disease and chronic medical conditions, including diabetes and dementia, are among those who benefit from Cortellucci Vaughan Hospital's four 36-bed medical inpatient units. The custom-designed space helps patients, particularly seniors, regain their health, strength and independence. In addition to remote cardiac monitoring and bedside dialysis, which are each available in a portion of the inpatient rooms, the medical units include a wander management system for patients with dementia.

OUTPATIENT CARE ACROSS BOTH SITES

In addition to inpatient care and day surgery, Mackenzie Richmond Hill Hospital continues to offer outpatient clinics specializing in everything from cardiology to fractures. Outpatient care supporting the Woman and Child and Mental Health Programs are also available at Cortellucci Vaughan Hospital to ensure discharged and emergency room patients receive the exceptional, personalized care they need to recover faster.

HELPING PATIENTS RECOVER FASTER AND GET HOME SOONER

CORTELLUCCI VAUGHAN HOSPITAL'S SURGICAL AND MEDICAL INPATIENT UNITS

ocated on levels six to eight, the medical and surgical inpatient units at Cortellucci Vaughan Hospital provide comprehensive support for those who are recovering from surgery, receiving care for acute conditions such as a broken leg, or treatment for progressive and chronic diseases like dementia.



Patient rooms include a smart bed, bedside tablet and a computer to document care in real time, among many other features.



Patients in every inpatient unit benefit from an accessible, coordinated and integrated system of care that includes Mackenzie Health's comprehensive range of medical and surgical sub-specialists. Physicians specializing in senior care, heart disorders, digestive diseases, arthritis and other joint disorders, and vascular conditions, including stroke are available to consult and implement personalized care plans.



PRIVATE ROAD TO RECOVERY

Inspired by research that shows a positive link between healing environments and patient outcomes, all of the surgical and medical inpatient rooms at Cortellucci Vaughan Hospital feature large windows with lots of natural light and inspiring outdoor views. Approximately 80 per cent of the rooms are private with sofa beds for family and visitors.

"They were phenomenal. They took him under their wing and helped to heal him."

— MICHELLE SMITH CREDITS MACKENZIE HEALTH'S MEDICAL INPATIENT TEAM, INCLUDING SUB-SPECIALISTS IN NEUROLOGY AND REHABILITATION, WITH HELPING HER SON RECOVER FROM A LIFE-THREATENING ACCIDENT THAT LEFT HIM IN A COMA FOR 10 WEEKS.



MOBILE CARDIAC MONITORING

Cardiac monitoring has become more accurate and less invasive in Canada's first community hospital with integrated smart technology. In one of the four inpatient units, Cortellucci Vaughan Hospital's real-time locating system works with each patient's mobile cardiac monitor to track heart rate and rhythm during their treatment and recovery activities throughout the hospital — from bedside to the rehabilitation gym and the visitor lounge to the cafeteria. Patient mobility is never restricted, and Mackenzie Health's cardiologists gather a realistic picture of heart function no matter where the patient goes.



PUTTING PATIENTS IN THE DRIVER'S SEAT

Patients are able to participate more fully in their health care journey using a new, smart technology integrated with every patient's electronic medical record. Mackenzie Health is proud to become one of the first Canadian hospitals with a customized smart bedside tablet. The MyCare tablet uses technology from GetWellNetwork® to give patients access to personalized health information, including educational videos tailored to their specific needs, prescribed medication and a discharge checklist. The touchpads also feature video-conferencing for patients to communicate with friends and family, entertainment options, real-time translation services, meal selection as well as room lighting and temperature controls. This technology is also available at Mackenzie Richmond Hill Hospital.

Did you know provincial funding only covers our capital and operating costs? That means all the leading-edge medical tools we need to serve and support our community are purchased through donations from people like you. Help us stay ahead of the smart-tech curve by making an investment in the ultimate in care — for today and tomorrow.





THE ULTIMATE IN CARE MEANS BEING TREATED LIKE FAMILY

hen Irene Au received a call to return for a second round of breast screening in 2015, she remembers feeling anxious, "but I convinced myself it wasn't a big deal," she says.

The call she feared came from her family doctor on Christmas Day. "He told me they saw something, but weren't sure what it was." An ultrasound and biopsy at Mackenzie Health confirmed the suspicions: she had breast cancer.

"It felt like the end of the world," Irene says. "I started thinking, what about my kids? Do I need a will? I lost two friends to breast cancer. I knew how bad it could be."

Irene met with Mackenzie Health surgeon Dr. Sarah Ortega, who outlined her treatment options: breast-conserving surgery known as a lumpectomy or a mastectomy involving complete removal of the breast. "I didn't know what to do," Irene remembers. "I had so many questions." She credits Dr. Ortega with helping her sort out her feelings and make an informed decision that was right for her.

Irene had a mastectomy at Mackenzie Health in March 2016. After a short stay in the surgical inpatient unit, she was back home, pain-free and recovering with her family without the need for further treatment. Three years later, she remains cancer-free.

"All the staff were so friendly, caring and professional," she says. "They treated me like family and made me feel like I wasn't alone. It gave me confidence that everything was going to be okay."

The medical inpatient unit at Mackenzie Richmond Hill Hospital cares for more than

9,200

patients in one year, with an average stay of nine days

The surgical inpatient unit at Mackenzie Richmond Hill Hospital cares for more than

4,800

patients in one year, with an average stay of four days



148%

more seniors between 2011 and 2031

3/4

of York Region residents over age 55 live in Vaughan, Richmond Hill and King

GIVING SENIORS BACK THEIR INDEPENDENCE

CUSTOM-DESIGNED CARE FOR THE REGION'S LARGEST GROWING DEMOGRAPHIC

York Region, like many other areas across the country, is undergoing an unprecedented demographic shift. Between 2011 and 2031, the population of seniors is expected to increase by 148 per cent. Twenty-eight per cent of those over age 55 live in the communities of Vaughan, Richmond Hill and King.

Cortellucci Vaughan Hospital is part of Mackenzie Health's forward-looking solution. The hospital's inpatient units are designed to support a growing number of seniors with multiple health concerns. Our goal is to offer specialized seniors care close to home, ward off complications and provide the personalized programs and support they need to regain their strength and functioning.

TECHNOLOGY TO KEEP PATIENTS SAFE

Older adults with dementia are at increased risk of disorientation, agitation and restlessness, and illness and hospitalization can sometimes intensify the symptoms. To help keep patients safe, Cortellucci Vaughan Hospital's medical inpatient units are equipped with state-of-the-art monitoring technologies. This includes bed-exit alarms and a wander management system that alerts hospital staff everytime an at-risk patient leaves the unit.

ON-SITE REHABILITATION GYM

Getting patients up and moving as soon as possible after surgery or a medical event can decrease pain, reduce the risk of complications and speed recovery. Cortellucci Vaughan Hospital features ceiling lifts in every room and a rehabilitation gym on the eighth floor. This is where surgical and medical patients, including seniors hospitalized for chronic conditions and those recovering from a joint replacement, can take the first critical steps to regaining the strength and functioning that are key to independence and quality of life.



KEEPING PATIENTS OUT OF HOSPITAL

OUTPATIENT CLINICS AND SERVICES AT MACKENZIE RICHMOND HILL HOSPITAL

n expanded number of inpatient and emergency department beds across both Mackenzie Richmond Hill Hospital and Cortellucci Vaughan Hospital means an increased need for follow-up care.

Mackenzie Richmond Hill Hospital continues to be the hub for a majority of Mackenzie Health's outpatient clinics. Patients discharged from inpatient care units and emergency room patients requiring further diagnosis and treatment receive the continuing care they need at outpatient clinics specialized in the following areas: cardiology, infections, fractures, plastic surgery, endoscopies and colonoscopies, and post-surgical care, among many others.

Outpatient clinics in maternal fetal medicine and pediatric urgent care are located at Cortellucci Vaughan Hospital to support the hospital's site-specific in Woman and Child and Mental Health programs.

In addition, Mackenzie Health continues to offer off-site clinics in dialysis and urgent care.

"When a senior is hospitalized, our focus is on providing exceptional care with the goal of maintaining their long-term health and independence. That's why we have a robust seniors strategy to help patients manage multiple health concerns, ward off complications, and regain their strength and functioning."

— DR. KATHARINA PLENK, CHIEF AND MEDICAL DIRECTOR, DEPARTMENT OF MEDICINE

"Within just a few hours of arriving in Emergency, my husband had an ECG, blood work and a CT scan. He was referred to the outpatient neurology clinic. They called first thing the next morning and he saw a neurologist an hour later. When you need it, Mackenzie Health is there!"

— GRATEFUL WIFE



Mackenzie Health has ushered in a new era of leading-edge health care for western York Region, driven by the power of smart technology and the promise of better patient outcomes.

Join us as we work to ensure our powerful new two-hospital health care network — and the growing number of medical experts who call it home — have the advanced technology they need to save lives, now and in the future.



If you would like to learn more about how you can help bring Mackenzie Health's vision for advanced inpatient care to life, please contact:

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Charitable Business Number: 11930 6215 RR0001





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