



INVESTING IN THE
**WOMAN & CHILD
PROGRAM
AT MACKENZIE
HEALTH**



THE ULTIMATE SUITS YOU

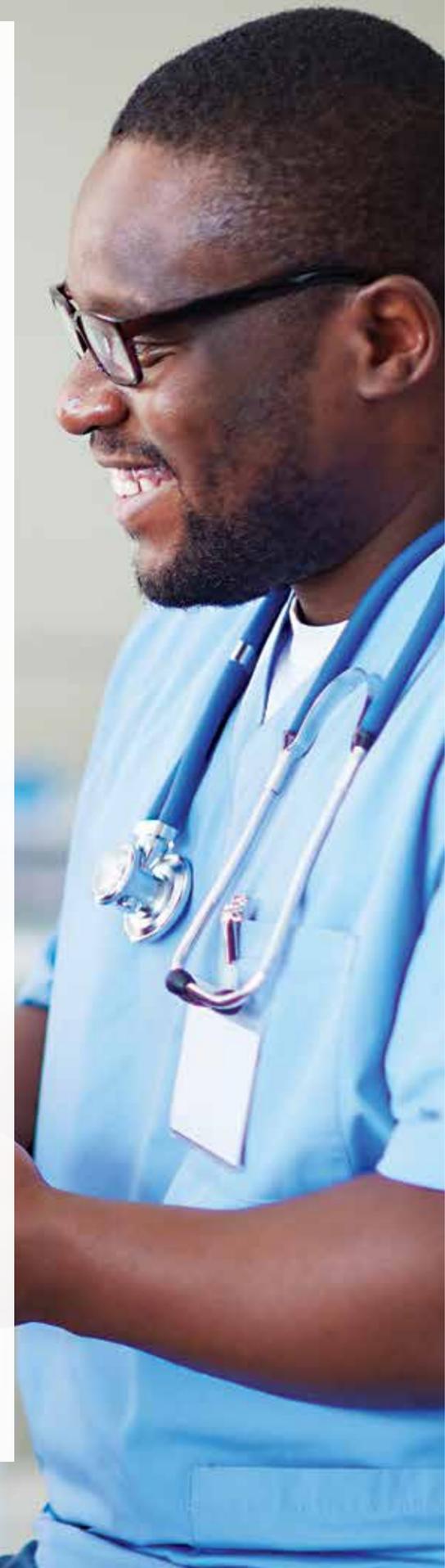


WE'RE CREATING THE ULTIMATE

They say it takes a village to raise a child. At Mackenzie Health, we couldn't agree more. In fact, we believe it takes our whole community. We've built a new hospital in Vaughan that offers a one-stop suite of services to fully support women and their children through some of life's most poignant moments — from pregnancy and delivery, to neonatal and pediatric care.

With the relocation of the Woman and Child Program to the new Cortellucci Vaughan Hospital, our diverse and growing community will benefit from more beds, seamless and compassionate care, and a unique family focus. We are making access to exceptional health care faster and easier, and ensuring time spent at Mackenzie Health is among every family's most precious memories.

We invite you to join us in creating the ultimate.



The Woman and Child Program at Cortellucci Vaughan Hospital has been built with the changing needs of women, their families and our community in mind.



BETTER FOR WOMEN AND BABIES

- At Cortellucci Vaughan Hospital, mothers-to-be are able to access a full range of specialists — from maternal-fetal doctors and obstetricians, to psychiatrists and diabetes coordinators — all on the same floor and often during the same hospital visit.
- They labour, deliver and recover in a room uniquely designed to support the physical and emotional needs of new mothers and their newborns, and remain there throughout their entire postpartum stay.
- When babies require additional monitoring and care in the adjacent Neonatal Intensive Care Unit (NICU), private suites make it easier for mom to stay close and practice the skin-to-skin care that has been shown to help infants thrive and parents connect with their newborns.



BETTER FOR FAMILIES

- Women and families from a diversity of cultures are expecting more from today's care experiences. Mackenzie Health will deliver on these expectations.
- From labour and delivery to the NICU and pediatrics, every unit in the new state-of-the-art Woman and Child Program boasts private rooms, plenty of natural light, a home-like feel and space for extended family.
- What's more, we group the entire program, including the Pediatric Urgent Care Clinic (PUCC), on the same floor, so women and children can transition easier and faster between services, and health care providers can collaborate on care plans that honour the needs, expectations and beliefs of the entire family.



BETTER FOR OUR COMMUNITY

- The communities of Vaughan, Richmond Hill and King are expected to grow by 35 per cent over the next 20 years.
- The number of women and children seeking exceptional care close to home will grow along with our communities.
- To help meet these increasing needs, our new birthing centre is equipped for close to 4,000 births a year compared to our previous volume of 2,742 births a year.
- We have expanded the NICU to 12 private rooms from eight open ward beds and introduced a seven-bed pediatric unit with an urgent care clinic to keep children out of the emergency department.

“Just as our community has grown, Mackenzie Health has needed to grow with it, offering new, warm and inviting spaces, and knowledgeable and caring staff. We are an ever-evolving program, constantly re-evaluating ourselves and how we can better serve our community. From supporting new parents and their babies to sick children in need of more acute medical care, we strive to provide the top-notch and compassionate care our community deserves.”

— DR. FILIPPE SCERBO, CHIEF, DEPARTMENT OF PEDIATRICS

THE ULTIMATE IN CARE

CLOSE TO HOME & FAMILY

With six weeks to go until their due date, Jennifer and David Duong assumed they had lots of time to attend prenatal classes and learn how to care for their newborn.

So when Dylan arrived suddenly weeks early, weighing less than five pounds and struggling to breathe, they had no idea what to expect. “We were scared — scared for Dylan’s health and all the unknowns that come with having a preemie,” remembers Jennifer.

Fortunately, the expert team in Mackenzie Health’s Neonatal Intensive Care Unit (NICU) was there to help. Over the next 11 days, they connected Dylan with lifesaving equipment to help him breathe and eat, medicine to strengthen his tiny lungs and phototherapy to treat his jaundice. Equally important, they cared for the new parents, involving them in every aspect of Dylan’s daily care, and providing information, encouragement and hands-on training to ready them for his eventual discharge.

“The nurses were amazing. Without them we would have had no idea how to swaddle, bathe, feed or diaper Dylan. I was so grateful,” adds Jennifer.

So much so that four years later, when the Duongs became pregnant with their second child, they chose Mackenzie Health to oversee Jennifer’s prenatal care in the Maternal Fetal Medicine Clinic. Regular monitoring meant she was diagnosed early and treated for preeclampsia, a potentially serious condition involving high blood pressure. Damon was born healthy and just shy of full-term in October 2018.

While delighted with the exceptional care her family received, Jennifer is happy to hear about the new Cortellucci Vaughan Hospital, including the expanded NICU with an overnight room for family and the Care by Parent Room where parents can practice their new child-caring skills with Mackenzie Health’s nurses at the ready.

“Everything seems so overwhelming when you’re scared,” she says. “Comfortable private spaces in a hospital close to home and family will mean the world to new parents.”

“The nurses were amazing. Without them we would have had no idea how to swaddle, bathe, feed or diaper Dylan. I was so grateful.”

— JENNIFER DUONG



MACKENZIE HEALTH’S WOMAN & CHILD PROGRAM

Every community hospital delivers babies. Cortellucci Vaughan Hospital is doing that and more, offering a full range of services through the new and expanded Woman and Child Program accessible by direct elevator to the fourth floor of the new hospital.



MATERNAL FETAL MEDICINE CLINIC

Women experiencing high-risk pregnancies receive care in Mackenzie Health’s Maternal Fetal Medicine Clinic, one of just a handful of clinics of its kind in an Ontario community hospital. The clinic includes a maternal-fetal medicine physician, neonatologist, geneticist and ultrasound technologists, along with a pediatric cardiologist and internist. Pregnant women and new mothers also benefit from other specialists, including psychiatrists and urogynecologists specializing in minimally-invasive surgery for the treatment of post-delivery issues.



LABOUR, DELIVERY, RECOVERY POSTPARTUM UNIT



Modelled on research that shows the benefits of labouring, delivering, recovering and receiving postpartum care in the same space and with the support of the same health care team — comprised of obstetricians, nurses and other health care professionals — Cortellucci Vaughan Hospital features 22 rooms that have been designed to make this possible. These rooms are organized into two pods, each with a nursing station.

Each spacious room includes a sleeper sofa for family, a large private washroom with a shower or hydrotherapy tub, and hidden cabinetry to keep equipment safe and accessible. New moms also have the opportunity to attend classes and clinics addressing a wide range of educational and care topics, from prenatal and vaginal birth after caesarean (VBAC), to breastfeeding and newborn jaundice.

CLOSE TO 4,000 BIRTHS A YEAR

projected at Cortellucci Vaughan Hospital, compared to 2,742 births at Mackenzie Richmond Hill Hospital in 2019



OPERATIVE BIRTHING SUITES

Easily accessible from both the LDRP Unit and via a private entrance next to the emergency department are two customized operative birthing suites for women experiencing scheduled and emergency caesarean-section births and other birth-related procedures. Each suite includes room for loved ones to participate in the birth, a care area for assessment and treatment of high-risk newborns immediately following delivery and quick access to a resuscitation zone for resuscitating newborns who've experienced complications during delivery.

NEONATAL INTENSIVE CARE UNIT

Immediately adjacent to the Operative Birthing Suites, the NICU provides advanced care for high-risk and premature infants born at 30 weeks gestation and beyond. Featuring 12 spacious private suites with room for both baby and mom, Mackenzie Health's NICU is outfitted with the latest lifesaving equipment, and actively engages families in the daily care of their tiny newborns. Each room includes space for breastfeeding and skin-to-skin care, which, according to the Canadian Premature Babies Foundation, can have many benefits including helping babies gain weight and develop healthy brains, and mothers produce more milk and reduce the risk of postpartum depression. The unit includes a furnished family lounge with a kitchenette and sleeping area and a Care by Parent Room where parents can learn how to care for their infants prior to discharge.

PEDIATRIC INPATIENT UNIT

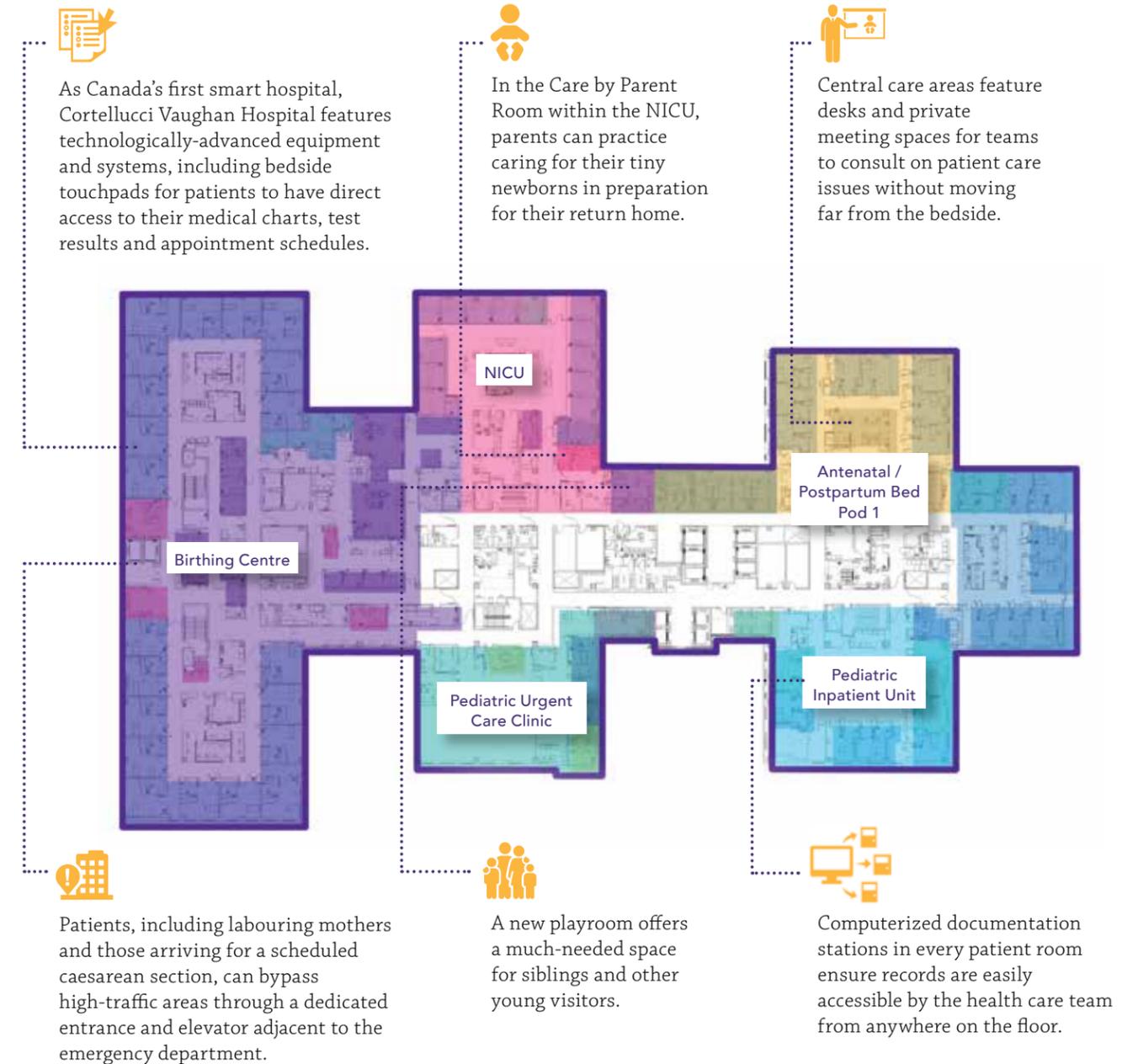
Designed with young patients in mind, the spacious, light-filled rooms in the seven-bed Pediatric Inpatient Unit for children from birth to 17 years of age feature single patient occupancy and sleeper sofas for parents to remain by their child's side 24/7. The latest medical technologies and equipment are safely stored in the wall behind the head of the bed, where they are readily accessible to Mackenzie Health's skilled team of pediatricians, pediatric nurses and specialists. The Pediatric Inpatient Unit also features electronic monitors and tablets with access to television shows and movies, plus gaming systems to keep patients happier while recovering.

PEDIATRIC URGENT CARE CLINIC

At Cortellucci Vaughan Hospital, sick babies and children access timely care directly within the hospital's fourth-floor Pediatric Urgent Care Clinic (PUCC). Here, Mackenzie Health's specially-trained nurses and pediatricians offer fast-track assessment, testing and treatment for young patients referred by their community physician, midwife or the emergency department. Children are then either discharged home to follow-up with their pediatrician or admitted to the adjacent Pediatric Inpatient Unit.

Designed to help keep young patients out of the busy emergency department where they are at increased risk for other infections, the PUCC also provides rapid specialized care for children experiencing pediatric health concerns such as asthma, jaundice and dehydration.

Mackenzie Health is creating a comprehensive centre of care for pregnant and labouring women, high-risk newborns and children at Cortellucci Vaughan Hospital. This is what our one-stop suite of services looks like:



1,215 CHILDREN

were cared for in Mackenzie Richmond Hill Hospital's Pediatric Inpatient Unit in 2019

MORE THAN 3,500

patient visits at Mackenzie Richmond Hill Hospital's Pediatric Urgent Care Clinic (PUCC) in 2019

357 INFANTS

were cared for in Mackenzie Richmond Hill Hospital's NICU in 2019

Although statistical care figures decreased in 2020 due to the COVID-19 pandemic, that data has not been provided here as it does not reflect average care levels.

"We're changing the model of care at Cortellucci Vaughan Hospital to make it possible for the expectant mother to stay in one room throughout her care journey and have appropriate care brought to her. This new model supports our commitment to family-centred care."

— JANINE JACKSON, PROGRAM DIRECTOR, WOMAN & CHILD PROGRAM



Cortellucci
Vaughan
Hospital

DE GASPERIS
MUZZO
TOWER



HELP US CREATE THE ULTIMATE

Mackenzie Health Foundation is spearheading the \$250-million Ultimate campaign — the largest fundraising drive led by a community hospital in Canada — to help purchase equipment for Cortellucci Vaughan Hospital and enhance care at Mackenzie Richmond Hill Hospital. Our goal is now within reach. Help us cross the finish line. Your leadership investment will help create a one-stop centre of care for more women and children within Mackenzie Health's catchment area and surrounding referral communities.

If you have any questions about Mackenzie Health's Woman and Child Program, the Ultimate campaign or to discuss this opportunity in more detail, please contact:

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